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Websites: <http://www.africamentalhealthresearchandtrainingfoundation.org>

Nationality: Kenyan by birth

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## **I. PROFESSIONAL QUALIFICATIONS**

- 1975** Bachelor of Medicine and Bachelor of Surgery (MB.Ch.B)  
University of Nairobi, Kenya
- 1979** Diploma in Psychological Medicine (DPM)  
University of London, U.K.
- 1979-81** Postgraduate Training in Psychiatry  
Institute of Psychiatry, Maudsley Hospital; Guy's Hospital Rotations and  
Queen's Square Hospital, London
- 1980** Member of the Royal College of Psychiatrists of the United Kingdom  
(MRC.Psych.)
- 1981** Certificate in Psychotherapy  
Institute of Family Therapy, London
- 1985** Doctor of Medicine (M.D.) (Doctorate in Psychiatry), University of  
Nairobi, Kenya  
Title of Thesis: "*Psychiatric Phenomenology Across Cultures*"  
(Study conducted in London)
- 2004** Fellow of the Royal College of Psychiatrists of the United Kingdom  
(FRCPsych.)
- 2012** Doctor of Science (DSc) (A higher Doctorate in Psychiatry), University of  
Nairobi, Kenya - Title of Thesis: "*Studies and Works in Mental Health to  
Inform Practice and Policy in the African Social Cultural Context*".
- 2018** Distinguished International Fellow, American Psychiatric Association  
(DIFAPA)

## **II. CURRENT APPOINTMENTS**

### **1) Academic**

- An Emeritus Professor of Psychiatry, University of Nairobi
- Professor of Psychiatry, University of Nairobi, since 1995

### **2) Philanthropic and voluntary services:**

- (i) Founding Director, Africa Mental Health Research and Training Foundation (AMHRTF)- Dedicated to Research for Evidence-based Policy, Practice in and Promotion of Mental and Neurological Health and Healthy Behaviour
- (ii) Founding Director, Alzheimer’s Association of Kenya
- (iii) Sponsor, Befrienders Kenya – An Organisation that provides free services to the needy suicidal patients, poor refugees
- (iv) Partner with Peter C. Alderman Foundation (PCAF) – An Organization that provides free support for victims of violence

### **III. PAST ACADEMIC APPOINTMENTS**

1988 – 1995	Associate Professor
1983 – 1988	Senior Lecturer
1981 – 1983	Lecturer, Department of Psychiatry, University of Nairobi

### **IV ADMINISTRATIVE EXPERIENCE**

2004 -up-to-date	Voluntarily administrative support to Africa Mental Health Research and Training Foundation (AMHRTF)
1988 to date	Various administrative duties, University of Nairobi
1988 – 2000	Chairman of the Department of Psychiatry, University of Nairobi Member of the Senate, University of Nairobi
1992	Acting Dean, Faculty of Medicine Acting Principal, College of Health Sciences

### **V. PROFESSIONAL MEMBERSHIP (Present and Past- starting with the most recent)**

- Honorary Fellow of World Association for Social Psychiatry
- Director, World Psychiatric Association Collaborating Centre for Research and Training, Africa Mental Health Research and Training Foundation (AMHRTF), Nairobi, Kenya
- Member, American Psychiatric Association (APA)
- Zone 14, World Psychiatric Association Representative

- Hon. Member World Psychiatric Association (WPA)
- Faculty and Collaborator, The Chester M. Pierce, MD Division of Global Psychiatry, Massachusetts General Hospital, Harvard Medical School, Boston, MA, USA.
- Member and Immediate Past Chair, African Division Royal College of Psychiatrists of the United Kingdom;
- Chair, Kenya Universities and Colleges Central Placement Service Board, Government of Kenya
- Boards of Editors Global Mental Health (GMH)
- Members of the WPA Epidemiology and Public Health Section
- Member - Peer Review Committee of the Grand Challenges Global Mental Health
- Member - National Institute of Mental Health (NIMH)/National Institutes of Health (NIH) – Committee to develop Mental Health Research Strategy
- Member of the International Psychiatry Editorial Board
- Committee Members – Institute of Medicine (IOM) “Human Resources for Mental, Neurological and Substance Use Disorders in Sub-Saharan Africa”
- Secretary, World Psychiatric Association, Division of Psychiatry in Developing Countries
- Honorary positions in Global mental health movements.
- Honoured by the Kenya Psychiatric Association (KPA) for outstanding contribution and leadership in Psychiatry.
- Past Member, World Economic Forum (Mental health Section)
- Member, World Mental Health Federation
- Member, World Federation Against Drugs (WFAD)
- Member, Kenya Medical Research Institute National Ethical Research Committee (to date) – Honoured for long service
- Past Member and Vice-Chairman, Mathari Mental Hospital Management Board
- Past Member, Local and International Committee of the African Demining Programme
- Past Member, Inter-Ministerial Drug Co-ordinating Committee

- Member, Kenya Medical Association
- Member, Kenya Psychiatric Association
- Founder Member, National AIDS Control Committee
- Founder Member, National Population Council Committee
- Past Member, Psychologists for Psychosocial Responsibility, USA
- Past Member, World Psychiatric Association Scientific Committee
- Past Member, World Psychiatric Association Psychiatry Curriculum Development Committee
- Advisor, Africa Region Council on Mental Health
- Member, Global Network for Research in Mental and Neurological Health
- Editorial Board – The African Journal of Psychiatry
- Editorial Board – The African Journal of Drug and Alcohol Studies
- Member, The International Society of Medicine
- Member, the Scientific Committee of the World Congress of Psychiatry
- Editorial Board – The Academic Psychiatry
- Editorial Board – India Journal of Psychiatry

## **VI. PROFESSIONAL MEETINGS, CONFERENCES & ACTIVITIES**

- a) Attended well over 300 meetings (for some countries many times) in Kenya, Uganda, Tanzania, Zambia, Zimbabwe, South Africa, Mauritius, Nigeria, more than half of all the countries in Europe, Canada, U.S.A., Colombia, Egypt, Sweden, Japan, Australia, Spain, Israel, India, Philippines, Ethiopia, training of psychotrauma after the bomb blast and after the Rwanda genocide, facilitation of Training of Trainers at the refugee camps, visited the United States psychiatric hospitals and centres at the invitation of the Foreign Affairs Department of the United States of America.
- b) Visiting Professor of Psychiatry, Guys Hospital (University of London, 1990), University of Durban (South Africa, 1991), University of Cape Town (South Africa, 1991), University of Witwatersrand, (Johannesburg, South Africa, 1991), University of Heidelberg, (Germany, 1995), University of Giessen, (Germany, 1999)

- c) External Examiner - Makerere (Uganda), Dar-es-Salaam (Tanzania), Lusaka, (Zambia), Harare (Zimbabwe), Cape Town (South Africa), Durban (South Africa), Botswana, Sudan, Malawi

## **VII. PUBLIC/LAY EDUCATION**

1. Over 700 articles on various aspects of mental health in the print media
2. Numerous radio and TV shows on mental health
3. Numerous interviews on mental health

## **VIII. ACADEMIC SUPERVISION (University of Nairobi)**

1. Over 60 students in Master of Medicine in Psychiatry and Master of Science in Clinical Psychology
2. Several dissertations completed
3. Over ten PhDs (completed under my supervision)
4. Several other PhD protocols under preparation

## **IX. SOCIAL RESPONSIBILITY**

1. **Founding Director, Africa Mental Health Research and Training Foundation (AMHRTF)** – dedicated to Research for evidence-based Policy, Practice in and Promotion of Mental and Neurological Health and Healthy Behaviour and which brings together all people regardless of their backgrounds to research and present mental health in Africa
2. Founding Patron, The Medical Students Association for Research and Statistics (MSARS)
3. Patron, Nairobi University for a Drug Free Society (NUADS)
4. Founder, Alzheimer's Association in Kenya

## **X. AWARDS AND ACHIEVEMENTS**

Won the African Neuroscience Educational Grant for the Best Article Published In the African Journal of Psychiatry 2010

2017 - Honorary member World Psychiatric Association

2018 - Distinguished International Fellow, American Psychiatric Association

2019 - Honorary Fellow of World Association for Social Psychiatry

**STAFF MERIT AWARD (2001 - 2016) – UNIVERSITY OF NAIROBI**

*Awarded in recognition for distinguished contribution to the academic aspirations of the University of Nairobi.*

**PROF DAVID M. NDETEI MERITORIOUS AWARD**

A Prize of Cash, Trophy and Inscription of the winners name in the Toll of Honours Board to the Best:

- (i) Final Year student in Psychiatry of Medicine
- (ii) Distinction final year MSc (Clinical Psychology) students School of Medicine

Long service Award, The Kenya Medical Research institute (KEMRI) Ethics Committee  
Best reviewer of the year, The Kenya Medical Research institute (KEMRI),

Attracted University students from Africa to train with us at the Department of Psychiatry, Medicine, Obstetric and Gynaecology from Sierra Leone, Botswana, Zambia, Tanzania, Nigeria, Rwanda, etc.

***OTHER RECOGNITIONS***

1. Profiled by Lancet Psychiatry David Ndeti: bridging the treatment gap on a shoestring. The lancet. Psychiatry, ISSN: 2215-0374, Vol: 6, Issue: 1, Page: 16; Publication Year: 2019  
[https://www.thelancet.com/journals/lanpsy/article/PIIS2215-0366\(18\)30480-2/fulltext](https://www.thelancet.com/journals/lanpsy/article/PIIS2215-0366(18)30480-2/fulltext) [https://doi.org/10.1016/S2215-0366\(18\)30480-2](https://doi.org/10.1016/S2215-0366(18)30480-2)
2. Who's Who in Medicine Higher Education (WWMHE):  
<http://medicine.academickeys.com/>
3. 2010 Edition of Who's Who in the World

**(C) EXTERNAL ASSESSOR FOR SENIOR ACADEMIC APPOINTMENT OUTSIDE KENYA**

*Requested to review Papers for Promotion of Professors Makerere University (Uganda), University of Dar-es-Salaam (Tanzania), University of Harare (Zimbabwe), South Africa, Malawi and Addis Ababa University, Ethiopia*



**(D) OTHER ACADEMIC ACHIEVEMENTS**

**(i) *Conceptualized and developed the following five innovative programmes for the Department of Psychiatry at the University of Nairobi***

- Master of Science in Clinical Psychology (this programme is now a model for academic departments of psychiatry in East and Central Africa)
- Postgraduate diploma in Substance Abuse
- Postgraduate diploma in Psychotrauma Management
- Postgraduate diploma in Clinical Psychiatry
- Postgraduate diploma in Psychiatric Social Work (of all the psychiatry departments in universities in Africa, the Department of Psychiatry, University of Nairobi, now has the highest number of options)

**(ii) *Involved in the following psycho trauma related activities: -***

- Developed and executed the Psychotrauma Programme (module) for the Rwanda Genocide (1995 - 1996)
- Developed a training programme for Political Refugees in Dadaab Camp in North Eastern Province
- Developed a training programme for the counsellors following the bomb blast at American Embassy in Nairobi in 1998
- In-charge of training and providing counselling and psychiatric services to the bomb blast survivors at the Nairobi Psychotherapy Services & Institute (NPSI)
- Implementing partner for Mental Health programme (USAID) for the Nairobi Bomb blast

**(iii) *Founder of the following organisations to promote Mental Health and Psychotherapy: -***

1. Nairobi Psychotherapy Services & Institute (NPSI) - 2000
2. Africa Mental Health Foundation (AMHF)- 2002

**(iv) Developed and advocated for psychiatry to be made an examinable subject at Undergraduate Medical Training. level (*This is by far the most important development in Mental Health Service Provision in Kenya*)**

- (v) Developed the Department of Psychiatry to be one of the Departments of Psychiatry in Africa with the largest number of Faculty members (ten)
- (vi) Inaugural Lecture, University of Nairobi, 13<sup>th</sup> September 2001: “The Walk Towards the Promise”- *A view of Mental Health in Global, Kenyan and Individual Perspectives.*
- (vii) Nominated Member of the Scientific Committee of the World Congress of Psychiatry, 1999 to date
- (viii) Conducted a study on the Economic-Social-Political aspects of Illicit Drug Use in Kenya in 1997 (UNDCP)
- (ix) Participated in training nearly 65 of the 70 psychiatrists practising in Kenya today. This figure gives Kenya the best psychiatrist to population ratio south of the Sahara and outside South Africa

## **XI. HIGHLIGHTS OF PSYCHOTRAUMA RECONCILIATION-RELATED ACTIVITIES**

1. Development of a Mental Health Manual for Psychotrauma and Reconciliation for Counsellors of genocide in Rwanda. Funded by UNDCP
2. The Training of Genocide Mental Health Workers in Rwanda 1995.
3. Training of Trauma-Related Counsellors and Reconciliation for Refugees in Dadaab Refugee Camp, Kenya 1997. Supported by CARE International
4. Development of a Curriculum for Crisis Psychotrauma Counsellors following the America Embassy Bombing in 1998.
5. Training of 500 counsellors using the above Manual. These formed the backbone of all Psychotrauma counsellors in the country.
6. Development of a Post-graduate Diploma Course for the University of Nairobi on Psychotrauma
7. Psychotrauma Psychiatrist for the Kenyan Staff at the America Embassy Staff following the Bomb blast.
8. Psychotrauma Psychiatrist for the Mental Health Support through Amani Counselling Centre following the Bomb Blast.
9. Training of Lay Psychotrauma Counsellors in Nairobi, Machakos, Thika, Garissa, Nyeri, Nakuru, Kisumu and Kakamega

10. Attended meetings and Training on Psychotrauma, Reconciliation and Psychosocial Responsibility and the Universities of South Dakar (USA), and Maine (USA) Philadelphia (USA) and Portland (USA) in 2003, 2002 and 2001
11. Did a Report on the Psychosocial Aspect of the Kyanguli Secondary School Fire Tragedy.
12. Facilitated Seminars on Psychotrauma and Reconciliation for the victims of the Tribal Clashes in Eldoret and Nakuru
13. Published in International Journals on Psychotrauma and Social Responsibility
14. Provided counselling services for the Parents who lost their sons at the Kyanguli Secondary School fire Trade.
15. Critique on a research project on psychotrauma in refugees in Kenya, undertaken by the United States International University (Nairobi Campus)
16. Supervision on Masters dissertation on Psycho trauma in Victims of Tribal Clashes in Kenya (ongoing)
17. Developed a curriculum on stress and psycho trauma for the Kenyan Prison Department Training College
18. Requested by University of South Dakota (USA) to make a contribution to a Book of Psycho trauma in Kenya
19. Counselling and Training on Psychotrauma and Reconciliation for United Nations International Criminal Tribunal for Rwanda (ICTR) in Arusha and Rwanda 2004, 2005 and 2006.

## **XII. HIGHLIGHTS OF HIV/AIDS AND DRUG USE-RELATED ACTIVITIES**

1. Co-Researcher, W.H.O. Multicentre Collaborative, Study on Neuropsychiatric Aspects of HIV/AIDS (Other Centres are Brazil, Congo, Indonesia, USA, Germany)
2. Contracted by UNDCP to do a study on Economic-Social Political Aspects of Illicit Drug use in Kenya in 1997
3. Appointed by the Government to be the Kenya Focal Point for UNDCP EADIS Programme

4. Contracted by UNDCP to undertake the INFORMATION, NEEDS RESOURCES AND ASSESSMENT (INRA) Project For Kenya in 2001
5. WHO Facilitation for Training Workshop on Evaluation of Psycho-Active Substance Use Disorder Treatment Harare, 24-28 March 2003
6. Training on Entry, Analysis and Interpretation of Drug Epidemiology Data using the SPSS version 11.0 – Pretoria South Africa 2-6 September 2002 funded by UNDCP.
7. Contracted by UNODC to do Rapid Situation Analysis on the Relationship between Drugs, intravenous drug use, HIV/AIDS in Kenya 2003
8. Contracted by UNODC to facilitate capacity building training on substance abuse in Tanzania (Dar-es-Salaam 2004)
9. Supervised Master of Medicine in Psychiatry of University of Nairobi Dissertations on Substance Abuse: -
  - (a) Drug Abuse Among Urban as compared to Rural Secondary School Students in Kenya by Dr. W. Kuria, 1993
  - (b) A student survey study on Substance Abuse at the University of Nairobi by Dr. A.M. Mathai, 1990
  - (c) Psychiatric Morbidity in Children and Young Persons Appearing in the Nairobi Juvenile Court By Dr. Maru, 1998 – This involved drugs of Abuse
  - (d) Medical and Psychological Complications of Miraa (Khat) in Kenya – by Dr. Omolo – 1985.
10. Was a member of the Steering Committee for the National Survey of Substance Abuse in School, conducted in Kenya by NACADA.
11. Attended meeting on Drugs Conference in Vienna 1999.
12. Founder member of the first Kenya National Aids Committee.
13. Developed a University of Nairobi Post-graduate Diploma Course in Substance Abuse
14. The Role of Drugs in the Kyanguli School Fire Tragedy in Kenya – March 2001.
15. Survey of Drug Abuse Treatment Demand Data
16. Surveillance of Substance Abuse in the University of Nairobi Students.

17. Othieno C J, Kathuku D M **Ndetei D M** et al. Drug induced psychoses as seen at Mathari Hospital Nairobi. *Paper presented at the World psychiatric Association and the Kenya psychiatric Association Regional Conference, May 23-25, 1999, Nairobi.*
18. Othieno C J, Kathuku D M & **Ndetei D M** (2000). Substance abuse among general clinic patients in Kenya: a comparison of rural and urban health centres.
19. **Ndetei D. M.**, et al Othieno C J, Kathuku D M & Dech H. Trans-cultural Psychopathology and Mental Health Services – the Kenya case. *Paper presented at the XI World Congress of Psychiatry, August 6-11, 1999, Hanburg, Germany.*
20. 1995: (21.1.1995): Collaborative researcher on cross-cultural aspect of depression at the Department of Psychiatry, Heidelberg University, Germany. Project headed by Heike Dech and Paul Richter, Psychiatrische Klinik, Ruprecht-Karls-Universitat, Heidelberg, Germany.
21. **Ndetei, D. M.** Drug Abuse in Kenya. Paper presented at the 1<sup>st</sup> International Pan Africa Congress in psychiatry, Cairo 16 –18<sup>th</sup> December 1998.
22. Contracted by the Population Council. To interpret and adopt the BDI (Beck’s Depression Inventory) and the Quality of Life Inventory (WHO) - HIV HR-QOL for Study of HIV Patients in Kenya on Anti-retroviral Therapy, and Train Field Works March 2003.
23. **Ndetei, D. M.** Radio and T.V. Programmes on Drug Abuse in Kenya since 1981.
24. Over 700 various articles in the Local Press (Nation) between April 1982 – 1999 many of them touching comprehensively on all types and aspects of Drug Abuse in Kenya. (For which I was Awarded with “Journalist of the year”
25. Involvement in the Establishment of Drug Rehabilitation, Teaching and Research Centre at Mathari Hospital –now ready to commence operation –This is a National Institution in a Government Hospital, maintained by Faculty members of the Department of Psychiatry University of Nairobi and Senior Government consultants.
26. Extensive involvement in the World Health Organisation (2008) Report on the Sixth meeting of the Regional Advisory Panel on Impacts of Drug Abuse (RAPID). Cairo, Egypt 16-19 October, 2007.

### **XIII. REVIEW REQUESTS FOR PAPERS/BOOKS**

1. Global Mental Health Journal
2. International Journal of Social Psychiatry Institute
3. Journal of Transcultural Psychiatry
4. Academic Psychiatry
5. British Journal of Psychiatry
6. Comprehensive Psychiatry
7. Africa Journal of Drug and Alcohol studies
8. Africa Journal of Psychiatry
9. East Africa Medical Journal
10. Africa Health Sciences Journal
11. The British Medical Journal
12. The Quarterly Journal of Mental Health
13. Journal of Traumatic Stress
14. Psychiatric Bulletin – Journal of Clinical Practice of the Royal College of Psychiatrists
15. Western Journal of Black Studies
16. Journal of Psychology
17. PLoS ONE Journal
18. Journal of Ethnopharmacology
19. Psychiatry Research: Neuroimaging
20. BioMed Central
21. Italian Journal of Pediatrics
22. Psychiatry Research
23. Child and Adolescent Psychiatry and Mental Health
24. Bulletin of the World Health Organization
25. Hindawi Journal
26. Journal of Affective Disorder
27. Tropical Medicine and International Health

**(B) REGISTERED PHD RESEARCH PROJECTS AND SUCCESSFULLY COMPLETED WITH ME:**

**(a) PhD Students registered at University of Nairobi**

1. Epidemiological and clinical studies of acute necrotizing gingivitis in Nairobi, Kenya. A thesis submitted in Fulfillment for the Degree of Doctor of Philosophy in the University of Nairobi, 1998. – Prof. Jacob T. Kaimenyi
2. A prospective study of psychiatric sequelae after closed head injury among patients treated at the Kenyatta National Hospital in Nairobi, Kenya – 1992 – Dr. M. Boy Sebit
3. The Socio– Economic Effects of Alcoholism on the Family in Kenya”. I also carried out research work on children with school nonattendance to determine their family background
4. Cost Effectiveness Of Community Based And Institution Based Detoxification And Rehabilitation Of Alcohol Dependent Persons In Kenya – by Dr. Mary Kuria
5. A Comparative and Interventional Study On Effects of Psychoeducation On Depression, Suicidality, Anxiety And Substance Related Disorders Among Basic Diploma Students At The Kenya Medical Training College – 2011- Susan Muriungi
6. Mental Disorders Among Youth at Kenyatta National Hospital: An Implication for offering Multimodal Interventions in Offspring and their Parents – - 2013 Dr. Lincoln Khasakhala
7. Efficacy of a Multi-Modal Psychosocial Intervention on Mental Health in Institutionalized Children and Adolescents in Kenya - 2013 Victoria Mutiso
8. The Impact of Common Mental Disorders on Academic Performance and Effectiveness of Psychoeducational Intervention Among Pupils In Public Schools In Kenya - 2013 - Anne Mbwayo
9. The Effects of Psychoeducation on Mental Health Consultation Attitudes Among Primary School Teacher Trainees In Kenya - 2013 – Eunice Nyavanga
10. Stress And Health Promotion Behaviours Among Students Studying Education Degree In Kenyan Public Universities; A Comparative And Intervention Study – 2013 - John Ng’ang’a

11. The efficacy of interpersonal therapy on depression among people living with HIV/AIDS attending city council health facilities in Dagoretti District, Nairobi – 2016 - Nyaga Immacolata
12. Implications of the urban built environment on the mental health of residents of Nakuru Municipality, Kenya – 2013 Dr. Charles Ochodo - **Egerton University (Kenya)**

**(b) PhD Thesis Ongoing under my supervision**

1. Efficacy Of Psychosocial Intervention On Maternal Depression And Mother/Child Dyad In Kibera, Nairobi 2020/2022 - By Esther Wanjiku Kariuki
2. Psychosocial Determinants and Adverse Effects Of Injectable Drug Abuse: A Case Control Study of Drug Abusers Admitted in Public Rehabilitation Centers in Kenya – By Florence Oboke

**Internal Examiner**

1. *PhD Thesis - Ms. Catherine Mawia Musyoka (H80/51727/2017)* “Prevention Of Alcohol And Substance Abuse: Mhealth Based Peer-Mentoring Among Students” – 2021 *The University Of Nairobi*
2. *PhD Thesis - Obadia Kipkurui Yator* “Primary Health Care Based Group Interpersonal Therapy (IPT-G), For Depressed Postpartum Adolescents Living With HIV in Nairobi: An Implementation Science Study” – 2021 *The University Of Nairobi*
3. PhD Thesis - *Esther Wanjiku Kariuki (H80/99547/2015)* Efficacy Of Psychosocial Intervention On Maternal Depression And Mother/Child Dyad In Kibera, Nairobi 2020/2022 -

**(c) With Students registered by Michigan State University (USA)**

3. The Coping Strategies Of Sudanese Refugee Women In Kakuma Refugee Camp, Kenya

**(d) Post-doctorial Duke University (USA)**

4. Targeting families and churches to improve mental health and prevent HIV in Kenya

**(e) Masters Dissertations**

Several of these are taking place with logistical support from AMHF

NOTE: Several other Research Projects are under development.



## **External Supervision Master Thesis**

**MPhil in Public Mental Health – Health-Related Quality Of Life Among Kenyan Adolescents In The Context Of Hiv: Measurement Issues And Risk Factors - Adam Mabrouk (MBRADA001) - University of Cape Town, South Africa – August 2022**

Nelson Mandela Metropolitan University, South Africa: The Relationship between Urban and Rural Status, Locus of Control and Traumatic Stress Symptom Profiles of Kikuyu Individuals from Kenya – Jane Ndungu

**External Examiner’s Report:** For Master of Public Health (MPH) Thesis – Otara Polycarp – SPH/PGH/09/11 - Moi University 2013

### **(f) PHD THESIS EXTERNAL EXAMINER / SUPERVISION UNDER MY SUPERVISION**

1. Vrije Universiteit Amsterdam: Understanding and Addressing Stress and Trauma, with a Focus on Interventions for Users and Providers of Mental Health Services in India - Adithy Adithy – August 2022
2. Vrije Universiteit Amsterdam: Coping with Complexity in a Wellbeing Oriented, Task-shared, Community Mental Health Setting, Kerala, India - Rekha Palikkuth – August 2022
3. University of Cape Town: Community based mental health care: a necessity for realising the right to independent living and community inclusion of persons with mental disabilities in Uganda - Patricia P'Odong Atim – August 2022
4. University of Zimbabwe: Validation of a Screening Tool for HIV-Associated Neurocognitive Disorders in Harare Zimbabwe. Primrose Chikomborero Nyamayaro – July 2022
5. Vrije Universiteit Amsterdam, Faculty of Science: Making Lived Experiences Matter; Understanding The Journey of Mothers of Children with Autism In India - Seema Girija Lal – December 2021
6. University of the Witwatersrand, South African Eating Disorders, Risk and Management: A South African and African Perspective” - Prof. Christopher Szabo’s (September 2018)
7. Faculty of Medicine, Gulu University, Uganda, Is Suicide Preventable in Gulu District? - Oboke Edonga Henry (May 2018)
8. Simon Fraser University, Burnaby, Canada: Medical Returnees: Canadian Somalis Seeking Psychosocial Care in East Africa - Mohamed Ibrahim
9. Vrije Universiteit Amsterdam, Employability for People with Mental Disability in Kenya - Ikenna D. Ebuenyi

10. Vrije Universiteit Amsterdam, Structural Discrimination against Persons with Mental Illness - Renuka Nardodkar
11. Vrije Universiteit Amsterdam, Understanding Coercion in Mental Health Care in India - B.N. Raveesh
12. University Students Evaluation of Psychosocial Problems: Scale Development And Validation - Nkumba University, Uganda – Dr. Norman David Nsereko
13. Suicidality in HIV/AIDS as seen in Semi-Urban Uganda: An Analytical Cross-sectional Study – OR The Award Of Doctor Of Philosophy In Suicidology – Mbarara University - Dr. Godfrey Zari Rukundo
14. A Mixed Methods Study On Designing And Testing Effectiveness Of A Psychosocial Training Intervention (Titukulane) In Improving Psychological Wellbeing Of Parents For Intellectually Disabled Children In Malawi - University of Malawi, Degree of Doctor of Philosophy - Charles Masulani Mwale – April 2017
15. The development, validation and adoption of new instruments and in particular studying the association between parental attitudes and gender attitudes and beliefs as a topic not hitherto researched in Africa- University of Witwatersrand Johannesburg, South Africa – Dr. Ethelwyn Rebelo – June 2017
16. Genetic Variation and Clinical variables contributing to Schizophrenia in a Funder Population from South Africa – University of Pretoria - Johannes Lodewikus Roos - 2014

**(g) DSc Internal Examiner**

- 1) Can health systems research support paediatric services in Kenya’s primary referral hospitals? University of Nairobi - Prof. **Fredrick N Were** - 2020
- 2) Insights into and anatomical perspectives of Atherosclerosis among Kenyans – University of Nairobi - Prof. Julius Ogeng’o’s – 2017

**VETTING FOR THE PROMOTION:**

1. Makerere University – Vetting for the promotion to the position of Associate Professor - Dr. Elialilia Okello – May 2018
2. Makerere University - Vetting for the promotion to the Position of Associate Professor - Dr. Catherine Abbo – October 2020

**RESEARCH ACTIVITIES**

## **ONGOING RESEARCH ACTIVITIES**

### **Africa Mental Health Research and Training Foundation; David Ndetei (PI); 2022-2024**

A survey of mental health needs of Technical and Vocational Education Training (TVET) college students in Kenya

Role: Principal Investigators

### **University of Turku, Finland and Africa Mental Health Research and Training Foundation: David Ndetei (PI); 2022-2023**

Psychosocial problems of secondary school students before and during the recovery phase of the COVID-19 pandemic in Kenya

Role: Principal Investigators

### **Africa Mental Health Research and Training Foundation: David Ndetei (PI) 2022-2023**

Youth Suicide-Survey of students' mental health care needs in universities in Kenya

Role: Principal Investigators

### **Fund For Innovation In Development: Tom L. Osborn (PI); 2022-2024**

Testing Pathways to Scale and Poverty Alleviation Effects of a Cost-Effective and Evidence-Based Mental Health Innovation(Anansi)

### **U19 AG074865: Drs. Pericak-Vance, Haines, Vance and Byrd (MPIs); August, 2021 - July, 2026**

Recruitment and Retention for Alzheimer's Disease Diversity Genetic Cohorts in the ADSP (READD-ADSP)

Role: Principal Investigator/Co-Lead

### **NIHR134325 Charlotte Hanlon (PI) - 1<sup>st</sup> September 2022 – 31<sup>st</sup> September 2025**

NIHR Global Health Research Group on Homeless People with severe mental illness in Africa (HOPE)

Role: Co-Leads

### **Davos Alzheimer's Collaborative (DAC) David Ndetei (PI): May 2022 – April 2023**

Integration and evaluation of a community-level dementia screening programme in rural Kenya

Role: Principal Investigator

### **1R01MH127571-01 - Washington University Mamah & Ndetei (PIs) August 2021 - June 2026**

Clinical and Biomarker-Based Trajectories of Psychosis-Risk Populations in Kenya

Role: Principal Investigator

**Templeton World Charity Foundation Tom L. Osborn (PI): October 1, 2021 – September 30, 2024**

Long-term health outcomes and dissemination strategies for adolescent character strength interventions

**Role:** Co- Principal Investigator

**Mind Brain Behavior Interfaculty Initiative, Harvard University Doris Somer (PI) – 2021-2022**

Adolescent Depression and Anxiety in Kibera: Arts Literacy as Intervention

**Role:** Co-Principal Investigator

**1R21MH124060-01 Mamah and Ndetei (PIs) October 2020 – June 2022**

Identifying Imaging Biomarkers of Schizophrenia-Risk in Kenya

**Role:** Principal Investigator

**ES/P010938/1 Martin Knapp (PI) 2018-2022**

STRiDE: Strengthening responses to dementia in developing countries

**Role:** Senior researcher (Kenya): [GCRF]

**COMPLETED RESEARCH ACTIVITIES**

**World Health Organization (WHO) June 2021 - December 2021**

**David Ndetei and Victoria Mutiso**

Research proposal to study inter-linkages between youth mental health and peace building in Somalia.

**Role:** Lead Consultant

**World Health Organization (WHO) David Ndetei October 2020 - December 2020**

Monitoring and Evaluation (M & E) consultant to develop a comprehensive and complete M & E framework for the implementation of Mental Health and Psycho-Social Services.

**Role:** Consultant

**Global Challenges Research Fund of QMUL October 2020 – July 2021**

**Kamaldeep S. Bhui, David Ndetei & Victoria Mutiso (PIs)**

Family Resilience and Mental Well Being: Enhancing Resilience and mental health of children and adolescents through integrated school and family based approaches (The FRAMERS study)

**Role:** Principal Investigator

**University of Turku, Finland ID 0245896-3 October 2019 – April 2021**

Cross-cultural Transitions: Mental health literacy study on medical students

**Role:** Principal Investigator

**21HD094227 Jenelle Shanley (PI) and Ndetei (PI) 2018 – 2020**



Livelihood Intervention Project to Women Experiencing Psycho-Trauma Kenya (LIPTK)  
**Role:** Co-Principal Investigator

**0739-05** **Mutiso (PI)** **2015 – 2016**  
Multisectoral Stakeholder TEAM Approach to Scale-Up Community Mental Health in Kenya – Building On Locally Generated Evidence and Lessons Learned (TEAM)  
**Role:** Co-Principal Investigator

**0083-04** **Ndetei & McKenzie (PI)** **2012 - 2015**  
The Kenya Integrated Intervention Model for Dialogue and Screening to promote children’s mental wellbeing (KIDS). The goal of this study is to test the efficacy and feasibility for scale-up of a multi-stakeholder model for primary schools that seeks to promote mental well-being, prevent mental illness and reduce the treatment gap for children.  
**Role:** Principal Investigator

**0092-04** **Ndetei & Frank (PI)** **2012 - 2015**  
The Computer-based drug and alcohol training Assessment in Kenya (e-DATA K). The goal of this study is to train large numbers of primary health care workers to successfully identify and treat substance use disorders in their practices through high-quality, globally-available, free-to-use, and low-cost to assemble, computer-, peer-, and mentor-supported learning.  
**Role:** Principal Investigator

**S5\_0414-01** **Christine (PI)** **2013 to 2015**  
Using Mobile Phones to Empower the Frontline Health Care Workers to Manage Depression at the Point of Care in Kenya Using the WHO Mental Health Treatment Gap Intervention Guidelines (mhGAP-IG) (mHealth).  
**Role:** Co-Principal Investigator

**S5\_0415-01** **Christine (PI)** **2013 to 2015**  
Dialogue to Empower, Supervise, Support and Include the Informal Traditional and Faith Healers to Deliver Evidence Based mhGAP-IG Adapted Psychosocial Interventions to Reduce Treatment Gap in Kenya (Dialogue).  
**Role:** Co-Principal Investigator

**1R21MH0956459A1 Sub Award No: WU – 13 – 240** **Mamah (PI)** **2013 - 2015**  
Identification of Psychosis Risk Traits in youth in Africa  
The goal of this study is to assess cognitive, anthropometric and dyskinesia traits in Kenyan youth and to longitudinally evaluate symptom change and identify psychosis predictors.  
**Role:** Co-Principal Investigator

**R21DA036966** **Harder (PI)** **2012 - 2015**  
Mobile Substance Use Intervention for HIV Prevention  
The goal of this study is to adapt an evidence-based intervention (motivational interviewing; MI) to be used over the mobile phone by trained clinicians to treat substance abuse.  
**Role:** Co-Principal Investigator

**Ndetei & Odenwald (PI)** **2014 - 2015**



2. Traditional Knowledge Systems & Increasing Access to benefit Sharing of Intellectual property in Africa (**ATPSCP0209**)
3. Retention of health workers in Kenya
4. Mental Disorders and HIV Risk Behaviors among Prisoners in South Sudan
5. A Rapid Situation Assessment (RSA) of the Needs of Elderly People (60+) Care-Givers in Rural and Urban Community Settings, Their Care in Homes for the Elderly and Clinical Trends in General Public Medical Facilities in Kenya
6. Community-Based Detoxification and Rehabilitation of Alcohol Abusers; Kangemi, Nairobi-Kenya
7. Neuro-Psychiatric Disorders and Quality of Life among People with Epilepsy in Kenya
8. The prevalence and history of psychosis in 14-24 year old in Kenyan (using CIDI)
9. The Prevalence and History of Suicidal symptoms in 14-24 year old in Kenya (using the CIDI)
10. Physical illness and patients with severe mental illness (SMI) in different parts of the world: prevalence, barriers, monitoring and treatment guidelines and recommendations – **World Psychiatry Association**
11. International Study on Student Career Choice in Psychiatry (ISoSCCiP) - **Royal College of Psychiatrists, U.K. and the World Psychiatric Association**. AMHF is coordinating the study in 16 medical schools in Liberia, Ghana, Nigeria, Ethiopia, Uganda, Kenya, Tanzania, Zambia, Malawi and South Africa
12. Characterizing The Schizophrenia Prodrome In Africa - **Washington University at St Louis University**
13. Evidence-based mental health assessment and treatment for HIV prevention in Kenya - **Vermont University, USA**
14. A qualitative study of attitudes to mental health care in 2 Sub-Saharan Africa Communities - **New York University**
15. Population-based assessment of election-related gender-based violence and mental health outcome in Kenya - **McGill University**
16. The Attitudes of Medical Students towards Psychiatry – being conducted in 16 medical schools across Africa



17. Mental and general Health of University of Nairobi Medical Students, University of Nairobi (UoN)
18. The Physical Health Aspects of patients with severe Mental Illness admitted at Mathari Hospital, Nairobi
19. Psychosocial Needs Assessment And Intervention Among Institutionalized Orphans And Other Vulnerable Children In Rural And Urban Settings In Kenya
20. The Effectiveness of a Multi-component Community Care Interventions Program for Elderly with Dementia and other associated chronic disorders in Kenya.
21. Upbringing practice in Kenyan Adolescents
22. The Psychosocial Aspects of Oncology Patients at the Kenyatta National Hospital, Nairobi
23. The Mental health needs assessment of Somali Urban refugees living in Eastleigh Nairobi
24. Traditional and Faith Healers in Kangemi, Nairobi-Kenya
25. Prevalence of Depression, Anxiety and Drug Use among Community Dwelling Adults seeking HIV Testing in Nairobi, Kenya
26. Assessing and Treating Post Traumatic Stress Disorder among Youth Following the Post-Election Violence in Kenya
27. Mental Disorders and HIV Risk Behaviors among Prisoners in South Sudan
28. Report On The Training Of 8 Medical Health Workers On Mental Health In Bosaso, Puntland
29. General Hospital Studies - Suicidology in General Hospitals in Kenya
30. Baseline study on the situation and governance of mental health and development services in Kenya - Case Study of Kibera (Nairobi West District), Kiambu West, Laikipia North and Nyeri North Districts- **BasicNeeds in UK**
31. Nature And Extent Of Non-commercial Alcohol In Rural And Urban Settings In Kenya - **Washington, DC**
32. Stigmatization of Psychiatry and Psychiatrists: An International Control-Group Study - **World Psychiatry Association**
33. The Learning Environment and Mental Health of Postgraduate Students in the College of Health Sciences, UoN

34. The Physical and psychological Aspects of people who take traditional and Illicit Alcoholic beverages in Kenya
35. Situational analysis on mental health needs in 4 rural areas in Kenya;
36. Malaria and Neurobehavioural Development in Early Childhood, Coast Province, Kenya.
37. Traditional Medicine: Mental Health and Behavioural Practices In Kenya
38. Promotion of Physical Health in Persons with Severe Mental Disorders : A research project Submitted by: **Africa Mental Health Foundation**

**39. Community Studies in Kenya (Kangemi) -**

- (i) Community Mental Health Issues in a Kenyan slum
- (ii) Self-stigmatisation by patients with mental illness
- (iii) Mental Health Profiles of People seen by traditional and faith healers.
- (iv) Socio-demographic, psychological and spiritual profiles of Traditional and Faith healers.
- (v) Spirituality among patients
- (vi) Treatment approaches by faith and traditional healers

**41. School Study** - Parental upbringing amongst secondary school students in Nairobi

**42. Human Resources Studies** - The patterns of retention and migration of health workers in Kenya

**43. Postgraduate University Students CHS, University Of Nairobi**

- (i) Perception of learning environment amongst postgraduate students, College of Health Sciences, University of Nairobi
- (ii) The Mental Health Profiles of postgraduate students, College of Health Sciences, University of Nairobi

**OTHER SUCCESSFULLY COMPLETED PROJECTS**

1990	Multi-Centre Collaborative Research on the Neuropsychiatric Aspects of AIDS	WHO
1995	Psychotrauma Seminar Training of Trainers Module	UNIFEM
1997	Economic-Social-Political Aspects of Illicit Drug Use in	UNDCP

	Kenya	
2001	East Africa Drug Information System	UNDCP
2002	East Africa Drug Information System	UNDCP
2004	Drugs, Intravenous Drug Use, HIV/AIDS in Kenya	UNODC
2004	Capacity Building for Research in drugs in Tanzania	UNODC
2004	Mental Health Systems and Services in Kenya – Other countries (11 countries across the world)	WHO
2006	Mental illness in General Medical Facilities in Kenya	WHO
2007	Baseline study: The Mental Health situation in Kangemi Informal settlement Nairobi-Kenya -	BasicNeeds UK
2008	Mental Health Training For Medical Personnel Working In Kenyan Prisons	Royal College of Psychiatrists, UK
2008	Mental disorders and HIV risk behaviours among prisoners in South Sudan	UNODC
2009	Report on the Training of 8 Medical Health Workers on Mental Health	BOSASO, PUNTLAND
2011	Traditional Medicine: Mental Health and Behavioural Practices Africa Technology Policy Studies Network (ATPS)	

## **PUBLICATION ACTIVITIES**

### **(A) MEMBERSHIP OF EDITORIAL BOARDS**

3. Academic Psychiatry
4. The Scientific World Journal – Hindawi Publishing Corporation
5. The African Journal of Psychiatry
6. The Quarterly Journal of Mental Health
7. The African Journal of Studies of Alcohol and Substance Abuse
8. Founding Member, The African Psychometric Initiative
9. The Journal of Public Library of Science (PLoS ONE)
10. The Journal African Health Sciences
11. The Journal East Africa Medical Journal
12. The International Psychiatry Journal

13. The International Addiction Review

14. Irish Journal of Psychological Medicine - international advisory board

**MONOGRAPHS - (Available At the University of Nairobi Library)**

1. Nation Newspaper Articles on Psychiatry and Mental Health, 1982 – 1998
2. Traditional and Faith Healers' Practices in Kangemi Informal Settlement, Nairobi-Kenya
3. Baseline Study on the Situation and Governance of Mental Health and Development Services in Kenya - Case Study of Kibera (Nairobi West District), Kiambu West, Laikipia North and Nyeri North Districts
4. Types of Mental Illness Managed by Traditional Healers in Kenya
5. A Study on Assessment of Needs, Care in The Homes and Clinical Trends Among the Elderly in Kenya - A Rapid Situation Assessment
6. University of Nairobi Economic-Social-Political Aspects of Illicit Drug use in Kenya
7. The Kyanguli Secondary School Fie Tragedy, 25/26 March 2001 Machakos, Kenya
8. Drug Abuse in Kenya Information, Needs, Resources and Analysis (INRA) Project for Kenya
9. The Walk Towards the Promise A view of Mental Health in Global, Kenyan and Individual Perspectives
10. Baseline study on Mental illness in Kangemi Location, Nairobi, Kenya
11. East Africa drug Information Systems (EADIS)
12. Psychotrauma Training Module for Trainers of Trainers in Rwanda following the 1994 Genocide - Seminar T.OT Module
13. Prevalence of Mental Disorders and the Attitudes of Staff in General Medical Facilities in Kenya
14. United Nations Office Drugs and Crime (UNODC) - Study on the Assessment of the Linkages between drugs abuse injecting drug abuse and HIV/AIDS in Kenya
15. Psychotrauma training for the United Nations International criminal tribunal for Rwanda (UNICTR)
16. Neuro-Psychiatric Disorders and Quality of Life Among People With Epilepsy
17. Promotion of Physical Health in Persons With Severe Mental Disorders
18. United Nations Office Drugs and Crime (UNODC - Mental Disorders and HIV Risk Behaviours Among Prisoners in South Sudan
19. The Psychological and Social Profiles of Cancer Patients Seen at Kenyatta National Hospital
20. Mental Health Needs Assessment of Somali Urban Refugees
21. A Report on Counselling Training for Anti-Rape Committees, VWC Workers, CDW's

**EDITOR/CO-EDITOR OF BOOKS**

1. Editing of my latest book "**Global Mental Health in Africa: Towards Inclusivity, Innovations and Opportunities**", which brings together multidisciplinary

contributors from Africa and beyond. It has 160 contributors drawn globally but mainly from Africa.

2. Co-Editor: "**Tasman's Psychiatry fifth edition**" – with readership mainly in the USA.

#### ***LIST OF BOOKS PUBLISHED***

1. **THE HISTORY OF PSYCHIATRY AND MENTAL HEALTH SERVICES IN KENYA: The First 100 years of Despair, Challenges, Opportunities, Hope and a Future: Edition:** by David Musyimi Ndetei (Author), John Mburu (Author), Dalmas Kathuku (Author), Ghulam Mustafa (Author) – Publisher; Acrodile Publishing Ltd.
2. **CONTEMPORARY PSYCHIATRY IN AFRICA: A Review of Theory, Practice and Research: Edition:** by David Musyimi Ndetei (Author), Christopher Paul Szabo (Author) – Publisher Acrodile
3. **YOUR A-Z ON MENTAL HEALTH: Edition:** by David Musyimi Ndetei (Author), Victoria N. Mutiso (Author) – Publisher: Acrodile Publishing Ltd.
4. **TRAUMA & COUNSELLING RECONCILIATION: TRAINING MANUAL: Edition:** by David Musyimi Ndetei (Author), Lincoln Khasakhala (Author), Victoria N. Mutiso (Author)- Publisher: The African Medical Research Foundation
5. **THE AFRICAN TEXTBOOK OF CLINICAL PSYCHIATRY AND MENTAL HEALTH.** Nairobi: The African Medical Research Foundation; 2006. p. 11-13. *ISBN-10:9966-874-71-2, ISBN-13: 978-9966-874-71-9.*
6. **THE OXFORD TEXTBOOK OF PUBLIC MENTAL HEALTH:** Edited by Dinesh Bhugra, Kamaldeep Bhui, Samuel Yeung Shan Wong, and Stephen E. Gilman. Working with traditional healers to reduce mental health treatment gap in low and middle income countries, *David M. Ndetei, Christine W. Musyimi, Erick S. Nandoya, Lydia Matoke, and Victoria N. Mutiso* **Oxford University Press ISBN-13:9780198792994. DOI: 10.1093/med/9780198792994.001.0001**
7. Understanding Youth Mental Health: Perspectives from Theory and Practice: Edited by Eilis Hennessy, Carikube Heary and Maria Michail. Youth mental health inn low- and middle-income countries: A Kenyan case study. *David M. Ndetei, Victoria Mutiso and Christine Musyimi.* **MC Graw Hill, Open University Press. ISBN-13:9780335250530, ISBN-10:033525053X, elSBN:9780335250547**

	<b>ACCEPTED FOR PUBLICATION</b>
	<b>(Awaiting issue of publication/Printing of the book)</b>
403	Arlene MacDougall, Joshua Wiener, Romaisa Pervez, Regina Casey, Terry Krupa, Marlene Le Ber, Victoria Mutiso, <b>David Ndetei</b> , Elizabeth Price, Ruth Ruhara, Sean Kidd. Evaluating the impact of a community-developed, recovery-oriented psychosocial rehabilitation toolkit in a health care setting in Kenya: A mixed-methods study. <i>Psychiatric Rehabilitation Journal</i> .
402	Mutiso, Victoria; Musyimi, Christine; Gitonga, Isaiah; Tele, Albert; <b>Ndetei, David</b> . Depression and Intimate Partner Violence (IPV) in Mothers 6 weeks to 12 months post-delivery in a Rural Setting in Kenya. <i>Transcultural Psychiatry</i>

	<b>PUBLISHED PAPERS 2023</b>
401	<b>David M. Ndetei</b> , Victoria Mutiso, Tom Osborn. Moving away from the scarcity fallacy: three strategies to reduce the mental health treatment gap in LMICs. <i>Letter to the Editor- World Psychiatry 22:1 - February 2023</i> <a href="https://onlinelibrary.wiley.com/doi/10.1002/wps.21054">https://onlinelibrary.wiley.com/doi/10.1002/wps.21054</a>
400	Mutiso, V.N., Ndetei, D.M., Muia, E.N. <i>et al</i> . Students stress patterns in a Kenyan socio-cultural and economic context: toward a public health intervention. <i>Sci Rep</i> 13, 580 (2023). <a href="https://doi.org/10.1038/s41598-023-27608-1">https://doi.org/10.1038/s41598-023-27608-1</a>
	<b>PUBLISHED PAPERS 2022</b>
399	Shanley, J.R., Musyimi, C., Armistead, L., Mutiso, V., Hunsinger, M. & <b>Ndetei, D</b> . Supporting parents to care for their young children: Feasibility evaluation of a newly adapted parenting program for delivery in Kenya. <i>Int J Child Health Hum Dev</i> 2022;15(1):53-62
398	Widmann M, Apondi B, Musau A, Warsame AH, Isse M, Mutiso V, Veltrup C, Schalinski I, <b>Ndetei D</b> , Odenwald M. Reducing Khat use among Somalis living in Kenya: a controlled pilot study on the modified ASSIST-linked brief intervention delivered in the community. <i>BMC Public Health</i> . 2022 Dec;22(1):1-3. <a href="https://doi.org/10.1186/s12889-022-14681-w">https://doi.org/10.1186/s12889-022-14681-w</a>

397	Clair V, Rossa-Roccor V, Mutiso V, Rieder S, Musau A, Frank E, <b>Ndetei D</b> . Blended-eLearning Impact on Health Worker Stigma Toward Alcohol, Tobacco, and Other Psychoactive Substance Users. <i>International Journal of Mental Health and Addiction</i> . 2022 Oct 12:1-22.
396	Musyimi, C., Weidner, W., Mutunga, E., Muyela, L., Comas-Herrera, A., Lorenz-Dant, K., <b>Ndetei, D.</b> , Mapping dementia care in Kenya. Policy Summary. CPEC, London School of Economics and Political Science, London 2022 <a href="https://stride-dementia.org/kenya-situation-report/">https://stride-dementia.org/kenya-situation-report/</a>
395	Tom L Osborn, Christine M Wasanga, <b>David M Ndetei</b> . Transforming mental health for all. <i>BMJ</i> 2022; 377 doi: <a href="https://doi.org/10.1136/bmj.o1593">https://doi.org/10.1136/bmj.o1593</a> (Published 30 June 2022)
394	Robbertz AS, Kim SJ, Musyimi C, Tuikong S, Shanley J, Mutiso V, Hucks O, <b>Ndetei D</b> , Armistead L. Qualitative analysis of health literacy: exploring a Kenyan community's response to childhood illness. <i>Health Promotion International</i> . 2022 Mar 28.
393	Perry EW, Culbreth R, Self-Brown S, Gilmore AK, Kasirye R, Musuya T, <b>Ndetei D</b> , Swahn MH. Violence exposure, self-reported mental health concerns and use of alcohol and drugs for coping among youth in the slums of Kampala, Uganda. <i>International Journal of Mental Health</i> . 2022 Jun 10:1-28.
392	Mutiso VN, <b>Ndetei DM</b> , N Muia E, Musyimi C, Osborn TL, Kasike R, Onsinyo L, Mbijjiwe J, Karambu P, Sounders A, Weisz JR. Prevalence and perception of substance abuse and associated economic indicators and mental health disorders in a large cohort of Kenyan students: towards integrated public health approach and clinical management. <i>BMC psychiatry</i> . 2022 Dec;22(1):1-7.
391	Venturo-Conerly KE, Johnson NE, Osborn TL, Puffer ES, Rusch T, <b>Ndetei DM</b> , Wasanga CM, Mutiso V, Musyimi C, Weisz JR. Long-term health outcomes of adolescent character strength interventions: 3-to 4-year outcomes of three randomized controlled trials of the Shamiri program. <i>Trials</i> . 2022 Dec;23(1):1-8.
390	Clair V, Atkinson K, Musau A, Mutiso V, Bosire E, Gitonga I, Small W, <b>Ndetei D</b> , Frank E. Implementing and Sustaining Brief Addiction Medicine Interventions with the Support of a Quality Improvement Blended-eLearning Course: Learner Experiences and Meaningful Outcomes in Kenya. <i>International Journal of Mental Health and Addiction</i> . 2022 May 23:1-22.

389	Kariuki, E.W., Kuria, M.W., Were, F.N. <b>Ndetei DM</b> . Predictors of postnatal depression in the slums Nairobi, Kenya: a cross-sectional study. <i>BMC Psychiatry</i> 22, 242 (2022). <a href="https://doi.org/10.1186/s12888-022-03885-4">https://doi.org/10.1186/s12888-022-03885-4</a>
388	Valentin Bianchi, Leslie Rescorla, Eleonora Rosi, Silvia Graziolia, Maddalena Mauri, Alessandra Frigerio, Thomas M. Achenbach, Masha Y. Ivanova, Ladislav Csemy, Jeroen Decoster, Johnny R.J. Fontaine, Yasuko Funabiki, <b>David M. Ndetei</b> , Kyung Ja Oh, Marina M. da Rocha, Roma Simulioniene, Elvira Sokoli, Massimo Molteni, Maria Nobile. Emotional Dysregulation in Adults from 10 World Societies: An Epidemiological Latent Class Analysis of the Adult-Self-Report. <i>International Journal of Clinical and Health Psychology</i> 22 (2022) 100301
387	Perry, E. W., Culbreth, R., Gilmore, A., Self-Brown, S., Kasirye, R., Musuya, T., <b>Ndetei, D.</b> , Swahn, M. H. (March 2022). <i>Interpersonal violence, cumulative violence, mental health concerns, and use of alcohol and drugs for coping among youth ages 12 to 18 years in the slums of Kampala, Uganda</i> . [Paper presentation]. <i>International Society for the Prevention of Child Abuse and Neglect Congress 2022</i> .
386	Toguem, M.g., Kumar, M., <b>Ndetei, D.</b> Njiengwe F. Owiti FA. Situational analysis of the mental health system of the West Region of Cameroon using the World Health Organization's assessment instrument for mental health systems (WHO-AIMS). <i>Int J Ment Health Syst</i> 16, 18 (2022). <a href="https://doi.org/10.1186/s13033-022-00528-9">https://doi.org/10.1186/s13033-022-00528-9</a>
385	Lloyd CE, Musyimi C, Mutiso V, <b>Ndetei D</b> . Individual and community experiences and the use of language in understanding diabetes and depression in rural Kenya. <i>Global Public Health</i> . 2022 Mar 9:1-2. DOI: <a href="https://doi.org/10.1080/17441692.2022.2049841">10.1080/17441692.2022.2049841</a>
384	<b>Ndetei DM</b> , Mutiso VN, Musyimi CW, Alietsi RK, Shanley JR, Bhui KS. The feasibility of using life skills training in primary schools to improve mental health and academic performance: a pilot study in Kenya. <i>BMC psychiatry</i> . 2022 Dec;22(1):1-4.
383	Mamah D, Mutiso V, Gitonga I, Tele A, <b>Ndetei DM</b> . A population-based survey of autistic traits in Kenyan adolescents and young adults. <i>South African Journal of Psychiatry</i> . 2022 Feb 14;28:9
382	Mutiso VN, <b>Ndetei DM</b> , N Muia E, K Alietsi R, Onsinyo L, Kameti F, Masake M, Musyimi C, Mamah D. The prevalence of binge eating disorder and associated psychiatric and substance use disorders in a student population in Kenya—towards a public health approach. <i>BMC psychiatry</i> . 2022 Dec;22(1):1-2.



381	Breuer E, Comas-Herrera A, Freeman E, Albanese E, Alladi S, Amour R, Evans-Lacko S, Ferri CP, Govia I, Iveth Astudillo García C, Knapp M, Lefevre M, López-Ortega M, Lund C, Musyimi C, <b>Ndetei D</b> , Oliveira D, Palmer T, Pattabiraman M, Sani TP, Taylor D, Taylor E, Theresia I, Thomas PT, Turana Y, Weidner W, Schneider M. Beyond the project: Building a strategic theory of change to address dementia care, treatment and support gaps across seven middle-income countries. <i>Dementia</i> (London). 2022 Jan;21(1):114-135. doi: 10.1177/14713012211029105. Epub 2021 Jul 1. PubMed PMID: 34196585.
380	<b>Ndetei DM</b> , Mamah D., Mutiso V., Clinical and Biomarker-Based Trajectories of Psychosis-Risk Populations in Kenya: A Collaboration Between Africa Mental Health Research and Training Foundation and Washington University at St. Louis, Missouri. <b>Global Mental Health &amp; Psychiatry Review, Vol. 3 No. 1, Winter 2022</b>
379	Mutiso VN, Musyimi CW, Tele A, Alietsi R, Andeso P, <b>Ndetei DM</b> . Edinburgh Postnatal Depression Scale (EPDS) for screening for depression in the first year post delivery in a low-resourced rural setting in Kenya. <i>Transcultural Psychiatry</i> . 2022 Jan 5:13634615211043764. <a href="https://doi.org/10.1177/13634615211043764">https://doi.org/10.1177/13634615211043764</a>
378	Mamah D, Mutiso VN, <b>Ndetei DM</b> . Longitudinal and cross-sectional validation of the WERCAP screen for assessing psychosis risk and conversion. <i>Schizophrenia research</i> . 2022 Mar 1;241:201-9.
377	Musyimi, C., Muyela, L., Mutunga, E., & <b>Ndetei, D</b> . Understanding dementia and its prevention in the African context. In World Dementia Council (Ed.), Global dialogue on LMICs: Reflections - The dementia landscape project, essays from international leaders in dementia (2022) (pp. 12–13). London, UK: <i>World Dementia Council</i> . Retrieved from <a href="http://www.worlddementiacouncil.org/DLP/global-dialogues/LMICs">http://www.worlddementiacouncil.org/DLP/global-dialogues/LMICs</a>
376	<b>Ndetei DM</b> , Mutiso VN, Weisz JR, Okoth CA, Musyimi C, Muia EN, Osborn TL, Sourander A, Wasserman D, Mamah D. Socio-demographic, economic and mental health problems were risk factors for suicidal ideation among Kenyan students aged 15 plus. <i>Journal of affective disorders</i> . 2022 Apr 1;302:74-82.
375	Basu D, Nagpal S, Pillai RR, Mutiso V, <b>Ndetei D</b> , Bhui K. Building youth and family resilience for better mental health: developing and testing a hybrid model of intervention in low-and middle-income countries. <i>The British Journal of Psychiatry</i> . 2022 Jan;220(1):4-6.

	<b>PUBLISHED PAPERS 2021</b>
374	MacDougall AG, Lysaght R, Casey R, Le Ber MJ, Mutiso V, <b>Ndetei D</b> , Krupa T. Heeding the Call of an Innovative Paradigm for Mental Health Interventions in Low- and Middle-income Countries. <i>Psychiatr Serv. 2021 Nov 23:appips202000125. doi: 10.1176/appi.ps.202000125. Epub ahead of print. PMID: 34809438.</i>
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